



PEACE IS POSSIBLE

Prem Rawat says it is within, waiting to be found

From the Royal Albert Hall in London to the Sydney Opera House, from Lincoln Center in New York to the Opera House in San Francisco, Prem Rawat has been invited to speak to more than 4.5 million people, and his message is now available in more than 60 languages and 80 countries.

Recently addressing a record-breaking crowd of 130,000 at the Jawaharlal Nehru Stadium in New Delhi, India, he affirmed that peace is possible for everyone. While many offer ways to help bring peace on the outside, he said, “Peace can be found within, regardless of circumstance. Peace is looking for us; it has always been there. It is waiting to be felt.”

He started addressing audiences at age three and began traveling the world presenting his message at thirteen, an age when other children are content to play games. He is now in his prime and still defying stereotypes.

More than ever, world peace is on the minds of leaders all over the world. For Prem Rawat, “When people in the world are at peace, the world will be at peace.” He speaks of a peace that is already within each and every one. While many only offer discourses, he offers to show those who wish to make peace a reality in their lives a practical method which he calls Knowledge.

For Pierre Lenoir, Vice-President of Sales for a Fortune 100 company, “This is different in that, on one hand, it has to do with what religions and philosophies speak of—inner contentment—yet it is both compatible with, and different from, any tradition, philosophy or religion.

“Prem Rawat’s inspiration and guidance help me find my own inner contentment in my own life, in my own way. Furthermore, what I get from this is not a set of beliefs to adopt, but an inner experience, a profound feeling. This is about feeling my way through life in a deep and meaningful manner instead of just endlessly thinking about it. This is a practical way to feel inner peace and contentment for myself.”

In recent years, Prem Rawat’s audiences have grown increasingly large and diverse and so has the welcome he receives from those who want to help peace become a reality.

Speaking recently at the United Nations Conference Center in Bangkok, Thailand, he declared: “Peace is not a matter of institutions. Everybody says ‘peace, peace, peace,’ but peace is not about words. It is about feeling. It is about appreciation; it is not about formulas. If we have the feeling, we do not need the word. Peace needs to be in everyone’s life.”

He went on to explain, “In our heart lies the seed wanting and waiting for nothing else but to be fulfilled, for the thirst for peace to be quenched. To once again feel whole, not segregated. Not separated by all the other issues in our lives. Peace begins within me, and when it has taken hold of me, when I have allowed it to blossom, then peace for me is also possible on the outside.”

During a recent address, he exhorted the audience to recognize the preciousness of life, of each breath: “Each breath is so valuable that no one, even with great riches, can buy one. We want happiness in our lives. With what we see as the greatest wealth—money—we buy things. Yet, if what we are trying to buy is happiness, it is already inside of us. But it is not in use. And in this process, we waste our most precious commodity—our breath.” He then went on to speak about what resides within each human being: “The supreme joy is within. The thirst for contentment is within. That is our nature. When we experience this joy, we start seeing humans as humans and not as anything else. That is when peace in the world starts becoming a reality. If a human being wants to respect another human being, he should first respect his own life, his own breath. When he starts doing that, then peace will be possible.”

A year ago, Brenda Prescott, a structural engineer, was shown Prem Rawat’s techniques for finding peace within. “His message defies the commonly accepted stereotype of inner peace coming as a result of renouncing the world. A whole part of our culture leads us to believe that the only alternatives available to us are either not to enjoy this world in order to find inner peace and happiness, or to enjoy the benefits of worldly

pursuits at the price of becoming prisoners of the rat race. What has been shown to me is that success and happiness are two distinct yet compatible pursuits. Practicing the techniques of Knowledge has been for me a great source of inner peace, and it has certainly been compatible with enjoying the rewards of worldly success.”



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