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A Joy Unparalleled

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Every day we are offered choices in our lives. By making these choices, we can influence our lives. While we would like to experience only the good things in life, the busy pace of our days and a growingly insecure environment—including terrorism, new diseases, and a fragile economy—all seem to demand our attention and rob from us the simple joy of being alive.

Prem Rawat, a teacher who has visited our city many times over the last thirty years, says that, in spite of the growing tumult and chaos around us, inner peace and fulfillment can be everyone's reality.

"We're all afraid," he says. "But we can't live in fear. We have to make choices. There's a built-in longing in us for feeling good that does not want us to live in fear. There is a thirst inside each human being that pushes that person to say: 'Is there more in life? Can it be found?'" But, to this voice, we often

Prem Rawat says his addresses provide inspiration that words. For those who he offers a way to find



answer: 'I don't have the time. I'm busy. I've got to do my job.' We pursue so many things. But there is an alternative. To not let another day go by where we are not comfortable with this existence, with this breath, with this joy. To be comfortable. That is a good choice. And it is possible."

"Making this choice," Prem Rawat says, "is fundamental to being human; it is fundamental to living a life fulfilled."

"Within us is the real thing. We should not allow ourselves room for fear. We need to walk in certainty because we can. We can walk in the light, not in the darkness."

"We need to learn to trust ourselves, to trust the real self. And when we can trust ourselves, when we get to know ourselves, then there is no room for fear

and we don't have to be afraid anymore."

Prem Rawat says he can help. While his addresses provide inspiration, he is offering more than words. For those who wish to find peace, he offers a way to find it within—where it has always resided, waiting to be discovered. "If you want peace, I can help you look within," he says. He offers some techniques that he calls Knowledge as a practical means to finding peace within. "Being at peace," he says, "is possible for everyone, regardless of creed, beliefs, religion, culture."

Mano Ramanathan, an architect, says, "Practicing Prem Rawat's techniques of Knowledge brings me great joy and deep satisfaction. I am able to face the world with serenity in my heart. Listening to him brings clarity and direction in my life. My father, who is 91, was shown these techniques a long time ago



and has greatly benefited from them. He is still able to practice them and continues to enjoy peace and solace in his old age.”

In a recent address to an audience in the United Kingdom, Prem Rawat underscored how peace is a fundamental human need.

“We are the ones who need peace. We are the ones who struggle; we are the ones who feel the pain. It’s not the trees, nor the flowers, nor the butterflies that need peace. We are the ones who are struggling. A butterfly can get its own peace. But we need to feel our peace. It is here, within. It has always been here. It is waiting to be discovered, waiting to be felt. Peace needs to be felt.”

Prem Rawat—also known as Maharaji, an honorary title given to him in his native India—spends most

of his time traveling around the world in response to invitations to present his message. He has addressed more than four million people in the past thirty years in venues that range from the United Nations Conference Center in Bangkok to university campuses in Europe, Australia and the United States, to the fully packed Nehru Stadium in Delhi, with more than 130,000 attendees.

Dr. Kumarsi Kanakaratanam, a health professional in a medical Laboratory, marvels at the practical value of practicing this Knowledge. He explained that while Knowledge is not an antidote for stress and anxiety, it satisfies his deeper needs for contentment, beyond anything he could have imagined. “I was an urban warrior before, with no self-control,” Kanakaratanam says, “always fighting battles, never satisfied. As I opened up to Prem Rawat’s message, I began to discover the value of my life. After I was shown the

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techniques of Knowledge, I recognized that what I had been looking for had been within me all the time. I had finally found it. I could now go about enjoying it. Money and job are important for me, but they are not anymore the most important things. In the outside world, I have been doing very well. I consider it a great fortune that Prem Rawat has shown me how to enjoy my life. This is what I was not able to do before. This is what is most important to me."

Prem Rawat accepts no fees for his speaking engagements, nor does he receive any remuneration from the sale of related materials. He is a successful investor and does not charge for the Knowledge he teaches.

"What I offer is a gift from one being to another," he says. "I want to make this possibility available to people. And if they want to pursue it, I want to help them however I can. I do not dictate what people

should do and what they shouldn't do. That's up to them. But I am telling you that if you became comfortable with this existence, with this moment, with this breath, you would realize a realm of joy unparalleled."

For more information on Prem Rawat, his Knowledge, and upcoming events around the world, visit the following websites:

www.tprf.org

www.maharaji.net

www.contact-info.net

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